



## Principal's Newsletter

Dear North High Families:

The last six weeks of the fall semester are under way, and 12-week grades will be available via Infinite Campus toward the middle of the week. If you have any concerns regarding your student's progress, please do not hesitate to contact their teachers.

As we move deeper into the semester, students should prepare to finish strong. Encourage your students to create a study plan for final exams that are scheduled for the week of December 16. Staff members will begin conversations with students about potential offerings during the course registration process for the 2020-21 school year, beginning in December. As registration materials become available toward the end of the semester, invite your student to discuss their four-year/graduation plan and how the course selection process is an important part of their post-secondary preparation plan.

We have been able to sustain numerous extracurricular opportunities for our students, and I am grateful for the service they provide to our school community. Our student council did an amazing job with all the activities planned during Homecoming 2019. The Maryland Heights police and Chamber of Commerce, along with the Parkway School District, provided North High an opportunity to hear from former NBA player Chris Herren, who shared his life story with our entire student body. North High's National Honor Society inducted new members and sponsored one of their semester blood drives, which produced over 66 units of blood for the Mississippi Valley Regional Blood Center. The North High Safe and Drug-Free Council sponsored Trunk or Treat in the commons at North; the event drew 1000+ participants on the eve of Halloween. Our students have been involved in the fall drama production, band and choir concerts and competitions, along with a host of other activities. A special thanks to all the students, staff, and parents that supported our teams, clubs, and organizations throughout the fall season. We look forward to the continued support of our community.

Please encourage your students to stay connected and get involved. Research shows that being involved in extracurricular activities serves students well by offering a sense of community and belonging. As always, we welcome your partnership and encourage you to reach out to us any time you have questions or concerns.

With the holidays upon us, we wish everyone a season filled with warm moments and cherished memories.

Best regards,

*Tori Cain*

### Inside this issue:

Attendance Guidelines	2
Mark Your Calendars	3
North High Happenings	4
Viking Pride Fundraiser	8
Counselor Corner	9

### Special points of interest:

- Alcohol-Free Party Pledge
- Dessert with Dr. Cain
- Yearbook Orders
- PTO / Senior Bash / Booster Club

## Parkway North Attendance Guidelines

Your success at North will depend heavily upon regular school attendance. Students, parents and the school all have responsibilities in this area.

### **Student Responsibilities**

1. Students are expected to be in school every day and on time for each block.
2. Students must remain on campus the entire day. This includes lunch periods and Academic Lab. Students are not to go to the parking lots or leave campus at any time.
3. Students arriving late must report to the **Welcome Center/Attendance Office near the main entrance** to sign in. Students arriving on a late bus are to report there for a late bus admittance pass.
4. Students needing to leave campus during the day must obtain a dismissal slip from the Welcome Center/Attendance Office prior to leaving campus. Obtaining a pass requires a phone call from a parent stating the reason for the early dismissal. The dismissal slip must be presented to teachers when the students leave and when they return.

### **Parental Responsibilities**

1. Absences are excused only when a parent or guardian calls the grade level office **within 24 hours of the child's absence**. These calls are answered by the grade level secretary. **Voice mail is available 24 hours a day for parents to leave such messages after regular school hours.** By board policy, the following are considered excused absences:
  - a. Illness of the student
  - b. Death in the student's immediate family
  - c. Certain days for religious observance
  - d. Medical or dental appointments
  - e. Court appearance
  - f. Quarantine or hospital confinement
  - g. Field trips or other school-initiated absences
  - h. Emergency or set of circumstances that, in the judgment of the principal, constitutes a reasonable cause of absence from school (**oversleeping, car trouble, missing the bus, running parental errands, babysitting, etc. are NOT emergencies**)
2. If students are on a school trip (either for the day or for several days), parents do not need to report their absence, as their teacher will have reported them being on the trip.
3. Parents must call the grade level office when their child will arrive shortly after the start of the day due to an appointment or emergency, or must leave early for these reasons.

### **Long-Term Illness Procedures**

Parents communicate with the grade level office. The secretary will then notify teachers, counselor and grade level administrator. If a student is absent for two weeks or longer, please notify the nurse. Following such an extended absence, a doctor's letter or hospital discharge papers will be needed to return to school.

## Mark Your Calendars

### Professional Development Days

We will continue to have delayed start and early release days when students will have an adjusted schedule, so that our staff has an opportunity to plan and learn together.

On delayed start days, school begins at 9:35. On early release days, buses will pick up at North at 12:25. Athletes who need to stay for practice will attend a supervised study hall.

#### Delayed Start Days

November 20  
January 29  
February 26  
March 25  
April 29



#### Early Release Days (12:25)

February 4  
April 7



Special School District of St. Louis County offers workshops free of charge to parents, families and community members. This is just a sample of their many offerings. For a complete listing of upcoming workshops, visit <http://www.ssdmo.org/> and choose Parent Workshops on the bottom right. Workshops are held at the SSD Central Office (12110 Clayton Road) unless otherwise noted.

### Using Supported Decision Making: Hands-On Toolkit to Build Capacity

**November 14**      **6:30-8:30 pm**      **St. Louis ARC (1177 N. Warson Rd.)**

When an individual with a disability turns 18, they are legally an adult. Presenters will coach your family to assess decision making in each of six life domains—health, employments, safety, advocacy, social, & community living—and create a plan to utilize a variety of resources to build self-determination skills.

### Mindful Parenting

**November 19**      **6:30-8:30 pm**      **Room 60**

Are you experiencing high stress levels around your child's behavior? Are you looking for strategies to help you slow down and mindfully parent while having an opportunity to learn with and from others? Then this workshop is for you!

### Charting the Course to a "Good Life" for All

**December 3**      **6:00-8:30 pm**      **Room 60**

This workshop will provide an overview and next steps to utilizing the Charting the LifeCourse framework that has been adopted by local and state agencies. This framework promotes the core belief that "All people have the right to live, love, work, play and pursue their life aspirations in their community". Come learn how to create individual plans and to educate and support yourself or families as you develop a vision and plan across the lifespan with and for children/adults with disabilities.

## North High Happenings

### Seniors Win Powderpuff Game!



Junior and senior girls competed in the annual Powderpuff football game on September 26, with the seniors winning 7-0. The game is part of Homecoming Spirit Week. Several boys joined in the fun by stepping in as cheerleaders during halftime.

Four PNH speech & debate students competed at the Parkway West Fall Classic Invitational on October 11 & 12: **Katie Catalano (12)**, **Yoav Galer (10)**, **Abby Miller (12)** and **Spencer Osborn (11)**.

Abby earned 6<sup>th</sup> place in Poetry Reading, and Spencer placed 6<sup>th</sup> in Student Congress. Excellent work, debaters!

## Halloween Door Decorating Contest Winners



3rd place: Mrs. Samardzic's 9th grade ac lab



2nd place: Mr. Johnson's 10th grade ac lab



1st place: Mr. Nilsen's 11th grade ac lab

In honor of senior counselor Paul Arthur's birthday in October, the counseling staff celebrated by dressing like him (on the one day he didn't wear a tie).



Congratulations to special education teacher Alex Stueckel on her October 12 wedding to Brett Grempler!

Last spring, Savage Stanzas member **Kaylyn McKoy (12)** made the St. Louis Slam Team and became the current St. Louis Youth Poet Laureate. The local team practiced all spring and summer and attended the Brave New Voices International Youth Poetry Slam Festival in Las Vegas this past July, where they won 1<sup>st</sup> place!

This is the first time that a slam team representing St. Louis has been named champion at the poetry competition. They faced off against 44 other teams from around the world, finally edging out the Chicago team in a dramatic finish, winning by just 1/10 of a point!

Click [here](#) to read the UrbArts story on the winning poets!

# YEARBOOK

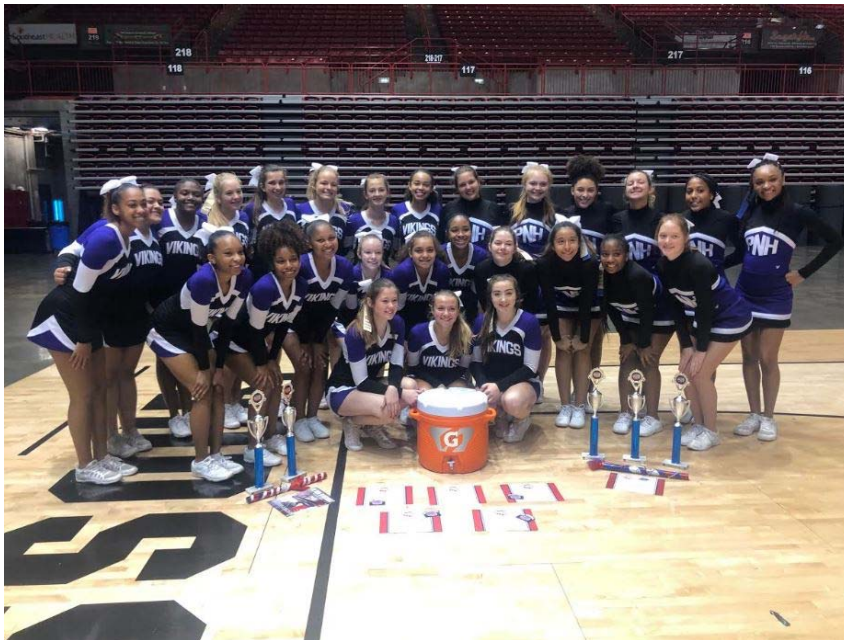
The yearbook staff is happy to announce that we will be switching from a summer delivery book to a spring delivery book **THIS YEAR!** We will hand out books during ac lab in May before the seniors leave; this will give everyone a chance to share the book with friends before the school year ends. All major end-of-the-year events will still be covered in a supplement that will insert into the book.

If you have any questions or concerns, please let the yearbook adviser know:

Scott Kreher at [skreher@parkwayschools.net](mailto:skreher@parkwayschools.net).

In late July, the cheer program attended a National Cheerleaders Association cheer camp, where teams enter various competitions. Here are the awards won:

- \* Top Team: Chant (Varsity/JV)
- \* Top Team: Band Chant (Varsity)
- \* Top Team: Cheer (JV)
- \* Most Improved Team (JV)
- \* 17 PNH cheerleaders were nominated to try out for the All-American Team, and 5 girls were selected: **Gwendolyn Dempsey (12)**, **Mackenzie Dixon (10)**, **CiCi Mallqui-Thomas (11)**, **Maddie Pack (12)**, and **Autumn Williams (11)**.



25 PNH students attended the Mercy Hospital Career Expo on November 11 with science teacher Megan Yemm. Representatives from many hospital departments were on hand to discuss career opportunities. Students were able to practice with medical tools, and participate in hands-on activities to promote healthy habits. Our students left excited about the possibilities of careers in the medical field.



Mrs. Yemm also accompanied 8 junior and senior young women to the Go Red Go STEM event on October 23, presented by the American Heart Association. This event encourages girls to pursue careers in science, technology, engineering and math, by giving them the opportunity to meet with local professionals from various fields. The students learned CPR, participated in a STEM challenge to build a flashlight, and listened to presenters discuss STEM careers. All of the girls said it was a great experience and an inspirational day!



Thank you from the North High PTO for your generous donations to the

## Viking Pride Fundraiser

As of November 13, we have raised \$1,120 to help our school. We have a long way to go, so please donate if you can. Any amount is appreciated!

Cheryl Banashek  
John Bradley & Kristen Kroll  
The Cassara Family  
Dave Drake  
Kristine Fields  
Eric & Beth Graham  
Celia Mullikin  
The Murphy Family

To date we have received 8 family donations and 4 anonymous donations. In addition, Vantage Credit Union made a donation last May that we'd like to acknowledge. Thank you all for your contributions!



You can make an electronic donation to the North High PTO Viking Pride Fund via PayPal. Follow the link below and choose "Donate." A flyer is also included in this newsletter. Thanks in advance for contributing to our technology and scholarship funds!

<https://www.parkwayschools.net/Page/2427>



## Counselor Corner

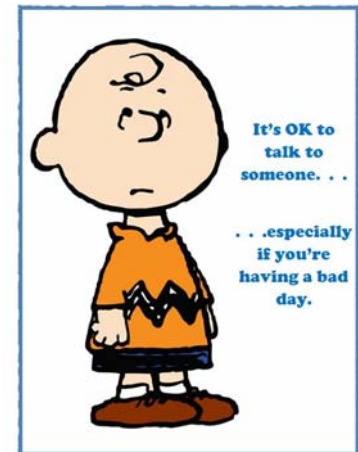
### Meet our new counselors!

#### **Stephanie Bluestein, M.Ed. School Counseling College, Career & Transition Counselor**

Hello Parkway North Families! This is my first year working for the Parkway School District and I am excited to be at Parkway North High School! This past summer, I moved across the country from the Adirondacks in New York. I spent the last 5 years working with students grades 9-12 as a high school counselor. My primary roles included helping students with post-secondary planning, social-emotional counseling, and academic advisement. This year at Parkway North, my role is as the college, career, & transition counselor. I will help all PNH students create and execute their post-secondary plans, whether that includes college, military service, or going into the workforce. My goal is to help each student every step of the way.

#### **Lindsay Kerlin, MS, NCC 9th Grade Counselor**

Hello everyone! I am the new 9<sup>th</sup> grade counselor at North High. I have been working as a school counselor in Parkway for 2 years, and am thrilled to be joining the North High community this year! I will be working with primarily 9th grade students (class of 2023) and helping to support their academic, social/emotional, and vocational development throughout high school. This involves ensuring students meet graduation requirements, assisting them with their post-secondary goals, providing a safe place for students to talk about individual concerns, collaborating with teachers, administrators, and parents to best support each student, and making referrals to outside resources as needed. I am looking forward to working with you and your children this year! Go Vikings!



#### **Caitlin Tritch, LMSW Care Coordinator**

Parents & families: I am excited to be in my first year at Parkway North. I have been in the field of social work and serving high school students for over 10 years. In my new role as the Care Coordinator will be serving all grade levels with social & emotional support through individual and group counseling, communication with external support services (therapists, case managers, social workers), coordinating and implementing safety plans and transitions post-hospitalization, assisting counselors with crisis intervention and mediation, and supporting restorative practices in the Conflict Resolution Center.

**Parkway North  
High School**

12860 Fee Fee Rd.  
St. Louis, MO 63146

Phone: 314.415.7600  
Fax: 314.415.7614

[www.parkwayschools.net](http://www.parkwayschools.net)

Principal	
Tori Cain	415.7601
Principal's Secretary	
Karen Wood	415.7602
9 <sup>th</sup> Grade	415.7604
10 <sup>th</sup> Grade	415.7610
11 <sup>th</sup> Grade	415.7606
12 <sup>th</sup> Grade	415.7608
Guidance	415.7615
Athletics	415.7685
Bookstore	415.7627

**Dates to Remember**

November 13	BOE Meeting, Central Middle, 7:00
<b>November 20</b>	<b>Delayed Start 9:35</b>
<b>November 27-29</b>	<b>No School: Thanksgiving Break</b>
December 10	North Area Band Concert 7:00
December 11	BOE Meeting, Central Middle, 7:00
December 12	Winter Choir Concert 7:00
December 17-20	Final Exams
<b>December 18-20</b>	<b>Early Dismissal 11:35</b>
<b>December 23-January 1</b>	<b>No School: Winter Break</b>
<b>January 2-3</b>	<b>No School: Records / Professional Development</b>
January 3	All-Suburban Orchestra Concert 7:00
<b>January 6</b>	<b>2nd Semester Begins</b>
January 8	Course Registration Begins (Grades 9-11)
January 9	Curriculum Evening 6:00
January 15	BOE Meeting, Central Middle, 7:00
<b>January 20</b>	<b>No School: MLK, Jr. Day</b>
January 29	Delayed Start 9:35

## Alcohol-Free Party Pledge Program

**Please join with other parents in making a pledge to promote safe and healthy alternatives for weekend activities.** The PTO would like to invite you to pledge that you will not knowingly allow students to gather at your house and use alcohol or drugs. By making this pledge you are reinforcing with other parents that you support each other in promoting a healthy lifestyle for your children. The list of parents who have made the pledge will be published in the Principal's Newsletter so parents can refer to it anytime your son / daughter is invited to a party. Thank you for considering making this pledge to keep our students safe and healthy!

<b>Student</b>	<b>Class</b>	<b>Parents</b>	<b>Student</b>	<b>Class</b>	<b>Parents</b>
Megan Battles	2020	Timothy Battles	Jameson Hague	2020	Sharon & Matt Cogo
Trevor Berta	2020	Steve & Lisa Dzafic	Daniel Hasler	2020	Catherine & Richard Hasler
Justin Behrle	2021	Michelle Behrle	Evan Hasler	2020	Catherine & Richard Hasler
Ori Birka	2021	Eli Birka	Matthew Hayes	2021	Dave & Lana Hayes
Paige Bolling	2021	Heather & John Bolling	Nathan Hayes	2021	Dave & Lana Hayes
Benjamin Borgmann	2020	Kevin & Jolene Borgmann	Nishika Hegde	2020	Vani Pergadia & Bijoy Hegde
Loralie Borgmann	2020	Kevin & Jolene Borgmann	Makenzie Helling	2021	Dave Drake
Mackenzi Cassara	2021	Mike & Karen Cassara	Aliyah Henderson	2021	Kenisha & Jessica Nolan
Anya Cerulo-Rulo	2021	Bonnie & Tom Cerulo	Mick Jones	2021	Nancy Walsh
Caroline Clark	2020	Kat Schneider-Clark	Natalie Kallen	2020	Elizabeth Kallen
Chloe Collector	2021	Holly & Joe Collector	Sydney King	2020	Keith & Melinda King
Michael D'Alfonso	2021	Charlotte & Tom D'Alfonso	Trenton Knehans	2021	Jennifer & Gregg Knehans
Nia DeBerry	2021	Obi Anyanwu	Sean Korte	2023	Sarah Jackson & Scott Korte
David Fields	2021	Tom & Susan Fields	Rowan Linhardt	2021	Matt & Michelle Linhardt
Nathaniel Fields	2023	Ken & Kristine Fields	Bianca Maiello	2020	Celia Mullikin
Cecelia Finley	2020	Paul & Liz Finley	Trudy Mann	2021	Pamela & James Coe
Madeline Fischer	2020	Tom Fischer	Monica McCarthy	2020	Dawn Marie & Ken McCarthy
Sean Frye	2020	Michael Frye	Carter Mexines	2022	Tony & Jennifer Mezines
Elizabeth Garland	2021	Lorraine Garland	Abigail Miller	2020	Cheri & Jeff Miller
Meredith Gill	2021	Brian & Allison Gill	Carson Mix	2021	Scott & Jeanette Mix
Zach Graham	2020	Beth & Eric Graham	Sam Murphy	2021	Anne & Jim Murphy

Adam Orr	2020	Sarah Jackson & Scott Korte
Peyton Orr	2022	Sarah Jackson & Scott Korte
Hunter Parker	2020	Vicki & Myron Parker
Keith Pennel	2021	Danielle & Paul Pennel
Christopher Powe	2020	Karla Sydnor
Shelby Pritt	2020	Kris Graham-Pritt/Charles Pritt
Hannah Schaff	2020	Tim & Cheryl Schaff
Cassie Schoene	2020	Risa & Chuck Schoene
Isaac Shepherd	2022	Bonnie & Chad Shepherd
Hailey Sherman	2020	Patty Sebastian & Jeff Sherman
Taya Singletary	2020	Desere D'Mae
Haleigh Strebe	2020	Jason & Nancy Strebe
Benjie Thimangu	2023	Rachel & Patrick Thimangu
Jakiah Thomas	2021	LeVaughan & Carmen Bennett
Zane Stemler	2021	Joe & Tracy Stenler
Myles Tolliver	2020	Sandi & Rodney Tolliver
Ben Waisner	2020	Laura Waisner
Joseph Walsh	2022	Jodi & Dan Walsh
Julian Watchman	2021	Chris & Carol Watchman
Jonathan Watts	2020	Marc & Suzanne Watts
Amiya Woodward	2021	Jody Woodward & Amy Van Matre-Woodward
Vincent Xu	2020	Xiaoxia Cui
Venislav Zhelev	2020	Milena Zheleva

**Please fill out the form below and mail to Karen Wood at North High, or you may drop it off at the school.**

---

I pledge that all parties in my home for North High students and their friends will be chaperoned, and that I will neither serve nor knowingly permit the use of alcohol or drugs at such parties.

Parent Name(s): \_\_\_\_\_

Student's Name: \_\_\_\_\_ Class of: \_\_\_\_\_

Parent Signature(s): \_\_\_\_\_

# DESSERT WITH DR. CAIN

## WHEN

January 13, 2020  
6:00 pm

## WHERE

North High Commons

\*YOU ARE ALSO INVITED TO OUR BRIEF PTO BUSINESS MEETING AT 5:45 BEFORE DR. CAIN SPEAKS. SHE WILL BEGIN PROMPTLY AT 6:00 PM. DR. CAIN WILL BE GIVING US A BUILDING UPDATE AND THEN WILL TAKE A FEW QUESTIONS.

YOU WILL HEAR  
INFORMATION  
ON -

COURSE  
REGISTRATION

EVENTS  
HAPPENING  
AROUND THE  
BUILDING

GRADE LEVEL  
NEWS

BUILDING  
CONSTRUCTION  
SCHEDULE

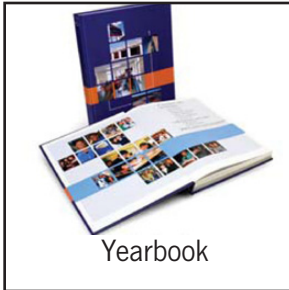
# YEARBOOK

**ORDER NOW**

**EARLY BIRD  
PRICING  
NOW!**

**Buy your 2020 NORTH HIGH yearbook!  
ORDER by AUGUST 31 to receive your book for the  
EARLY BIRD SPECIAL - \$10 OFF!**

**\*\*Yearbook prices will increase incrementally throughout the school year. Order NOW to receive the best price.\*\***



Yearbook



Nameplate



**\*\*Yearbooks will arrive in  
MAY before graduation  
for students to sign and  
enjoy! The sales deadline  
is much earlier than years  
past. Don't miss your  
chance to buy!\*\***

## OPTION 1 - ORDER ONLINE OR BY PHONE

To order your yearbook using a CREDIT CARD (NO transaction fees will apply):

1. Go to [www.yearbookordercenter.com](http://www.yearbookordercenter.com).
2. Enter Order Number **17226**.
3. Follow the on-screen instructions.

**If you do not have Internet access, call 1.866.287.3097, use order number 17226, and order your yearbook via credit card.**

## OPTION 2 - ORDER AT SCHOOL BOOK STORE

To order your yearbook at school, please complete the following information and return to the BOOK STORE

NAME (PLEASE PRINT)

GRADE

Return this order form with a check for the amount shown below to the BOOK STORE. Please make your check payable to PARKWAY NORTH HIGH SCHOOL.

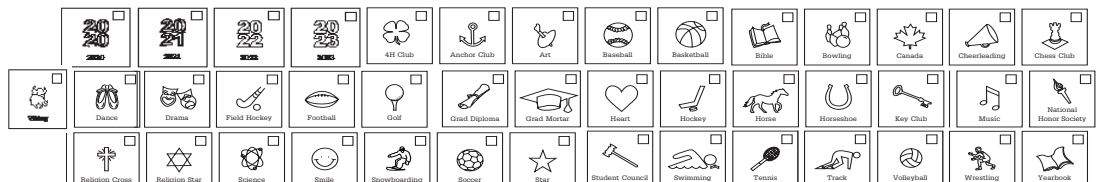
**I want to order: (check all that apply)**

- ALL COLOR YEARBOOK\*** (~~\$65.00~~ **ONLY \$55!**)  **AUTOGRAPH SUPPLEMENT** (\$2.50)  
\*After Aug. 31, price increases to \$60
- One Line Nameplate** (\$5.50)
- Two Line Nameplate** (\$7.70)
- One Nameplate Mark** (\$3.50)  
\* Circle icon choice on back of sheet. Must purchase a Nameplate.
- Two Nameplate Marks** (\$7.00)  
\* Circle icon choice on back of sheet. Must purchase a Nameplate.

I have included a check for:

NAMEPLATE LINE 1

NAMEPLATE LINE 2



# Parkway North Athletics 2019-20

## Fall

### Boys

Cross Country - *Moyenda Anwisye*  
(Varsity/JV)  
[manwisye@parkwayschools.net](mailto:manwisye@parkwayschools.net)

Football - *Karl Odenwald*  
(Varsity/JV/Freshmen)  
[kodenwald@parkwayschools.net](mailto:kodenwald@parkwayschools.net)

Soccer - *Charlie Noonan*  
(Varsity/JV/Freshmen)  
[cnoonan@parkwayschools.net](mailto:cnoonan@parkwayschools.net)

Swimming & Diving - *Bart Prosser*  
(Varsity)  
[bprosser@parkwayschools.net](mailto:bprosser@parkwayschools.net)

### Girls

Cross Country - *Scott Kreher*  
(Varsity/JV)  
[skreher@parkwayschools.net](mailto:skreher@parkwayschools.net)

Softball - *Jamesell Kee*  
(Varsity/JV)  
[jkee@parkwayschools.net](mailto:jkee@parkwayschools.net)

Tennis - *Ron Lefcourt*  
(Varsity/JV)  
[rlfcourt2@parkwayschools.net](mailto:rlfcourt2@parkwayschools.net)

Volleyball - *Roman Balaban*  
(Varsity/JV/Freshmen)  
[rbalaban@parkwayschools.net](mailto:rbalaban@parkwayschools.net)

Golf - *Jennifer Mueller*  
(Varsity/JV)  
[jmueller@parkwayschools.net](mailto:jmueller@parkwayschools.net)

## Winter

Basketball - *Russell Vincent*  
(Varsity/JV/Freshmen)  
[rvincent@parkwayschools.net](mailto:rvincent@parkwayschools.net)

Wrestling - *Matt Conley*  
(Varsity/JV)  
[mconley1@parkwayschools.net](mailto:mconley1@parkwayschools.net)

Basketball - *Brett Katz*  
(Varsity/JV/Freshmen)  
[bkatz@parkwayschools.net](mailto:bkatz@parkwayschools.net)

Swimming & Diving - *Jennifer Meyer*  
(Varsity)  
[jmeyer5@parkwayschools.net](mailto:jmeyer5@parkwayschools.net)

## Spring

Baseball - *Mark Reeder*  
(Varsity/JV/Freshmen)  
[mreeder1@parkwayschools.net](mailto:mreeder1@parkwayschools.net)

Golf - *Jim Parks*  
(Varsity/JV)  
[jparks@parkwayschools.net](mailto:jparks@parkwayschools.net)

Tennis - *Ron Lefcourt*  
(Varsity/JV)  
[courtcoach@yahoo.com](mailto:courtcoach@yahoo.com)

Track & Field - *Jeff Kinney*  
(Varsity/JV/Freshmen)  
[jkinney@parkwayschools.net](mailto:jkinney@parkwayschools.net)

Volleyball - *Roman Balaban*  
(Varsity/JV/Freshmen)  
[rbalaban@parkwayschools.net](mailto:rbalaban@parkwayschools.net)

Water Polo - *Bret Lundstrom*  
(Varsity/JV)  
[blundstrom@parkwayschools.net](mailto:blundstrom@parkwayschools.net)

Soccer - *Wendy Freebersyser*  
(Varsity/JV)  
[wfreebersyser@parkwayschools.net](mailto:wfreebersyser@parkwayschools.net)

Track & Field - *Moyenda Anwisye*  
(Varsity/JV/Freshmen)  
[manwisye@parkwayschools.net](mailto:manwisye@parkwayschools.net)

Lacrosse - *Ashley Van Camp*  
(Varsity/JV)  
[acamp@parkwayschools.net](mailto:acamp@parkwayschools.net)

# Parkway North Activities 2019-2020

\*MSHSAA Activities

## Spirit Squads: (Performance and/or Competitive)

**Cheerleading\*** (Football, Soccer, and Basketball)- *Dawn Thomas, Lindsay Melnick, Lily Butterbrodt*

**Color Guard\*** (Performs with the Marching Band) - *Emilee Bridgeman, Arin Davies*

**Pep Band** (Performs at basketball games) - *Andrew LaRose, Joel Fischer*

**PNH Steppers** (Performs at school and non-school activities) *TBD*

**Poms\*** (Football and Basketball) - *Gretchen Schmitz*

**Sparkle Effect** (Basketball) - *Tricia Frank*

## Curriculum Related:

**Choir\*** - *Brian Reeves*

**Drama\*** - *Chad Little*

**Marching Band\*** - *Andrew LaRose, Joel Fischer*

**Norestar (Newspaper)** - *Tracy Silvagnoli*

**Orchestra\*** - *Ken Rapini*

**Saga (Yearbook)** - *Scott Kreher*

## Advisories:

**SSJLAC** - *Tori Cain, Joshlyn Harris*

**STUGOV** - *Bob McKitrick*

## Honors Programs:

**International Thespian Society** - *Chad Little*

**Mu Alpha Theta** - *Julie Parks*

**NHS** - *Scott Nilsen, Debbie Banashek-Twist*

**Quill & Scroll** - *Tracy Silvagnoli*

**High School Heroes** - *Jody Chambers*

**Peer Mediators** - *Paul Arthur*

**Peer Teaching** - *Dave Beck, Julie DeCaro, Scott Moeller*

## General Interest:

**Academic Team\*** - *Jennifer Mueller*

**Book Battle** - *Eve Diel*

**Chess Club** - *Adam Stiller, Allison Cundiff*

**Coding Club** - *Allen Daniel*

**DECA (Marketing)** - *Russell Vincent*

**Diversity Awareness** *TBD*

**Envirothon** - *Lorrie Crossett*

**FBLA (Business Leaders)** - *Carla Hertlein*

**FCCLA** - *Kara Sussman*

**Forensic Science Club** - *Bob McKitrick*

**Gay-Straight Alliance** - *Chad Little*

**Health and Wellness Club** - *Becky Samardzic*

**History Club** - *Bill Vogt*

**Homeless Helpers** - *Scott Moeller*

**Improv Team** - *Chad Little*

**International Club** - *TBD*

**Key Club (Community Service)** *TBD*

**Lexus Eco Challenge** - *Karen LaFever*

**Medical Club** - *Megan Yemm*

**Mock Trial** - *Scott Nilsen, Megan McCorkle*

**Philosophy Club** - *Melody Barger*

**Physics Club** - *Allen Daniel*

**Poetry Out Loud** - *Melissa Pomerantz*

**Project Gear Box** - *Melody Barger*

**Pro-Start Catering** - *Becky Samardzic*

**Recycling Club** - *TBD*

**Robotics** - *Allen Daniel*

**Saving Strays** - *Tracy Silvagnoli*

**Senior People** - *M. Barger, M. McCorkle, A. Rudolph*

**Sister 2 Sister** - *Joshlyn Harris*

**Spoken Word/Poetry Slam Team** - *Melissa Pomerantz*

**Technology Student Assoc.** - *Scott Phillips*

**Weightlifting** - *Jeff Kinney, Doug Newton*



# **Senior Bash 2020**

**Complete this form and turn into the bookstore or register online at: <https://forms.gle/pFrbpak4uXnYkN2LA>**

## **What is Senior Bash?**

- Senior Bash is an annual drug and alcohol-free party that is sponsored and run by the parents of the Senior Class.
- It is a “LOCK-IN” on graduation night.
- This is a safe and fun way for our graduates to celebrate with their friends.

## **When and where is Senior Bash?**

- Wednesday, May 13, 2020 from 10pm – 4am.
- The Maryland Heights Community Center

## **Who can come to Senior Bash?**

- Any 2020 graduating senior from Parkway North who purchases admission BEFORE the final cut-off date.
- Admission WILL NOT be sold at the door and MUST be purchased in advance.

## **Use this form to purchase:**

- **Admission for your student to Senior Bash**
- **Yard sign that reads “Parkway North 2020 Graduate”.**
- **Donate any amount to help pay for a student with financial need.**

**Questions?** Contact Lora Chrusciel-Brown at [pnhseniorbash2020@gmail.com](mailto:pnhseniorbash2020@gmail.com) or find us on Facebook at Parkway North Senior Bash 2020.

## **Senior Bash Admission**

\_\_\_\_\_ \$50 before October 31, 2019

\_\_\_\_\_ \$55 November 1, 2019 – February 22, 2020

\_\_\_\_\_ \$60 after February 22, 2020 **\*Admission will NOT be sold after May 7<sup>th</sup> at 2:30 pm.**

**FREE t-shirt with purchase of admission ticket if received by February 22, 2020**

**T-shirt size:** \_\_\_\_\_

## **Yard Sign \$20**

\_\_\_\_\_ I would like to purchase a “Parkway North 2020 Graduate” yard sign.

Purchase before Friday, April 3, 2020. Pick up sign at PNH in May (date TBD).

## **Donate**

\_\_\_\_\_ I would like to anonymously underwrite the cost of another student unable to attend due to financial need. Donations of any amount are most welcome.

Senior Bash Ticket \_\_\_\_\_

Yard Sign \_\_\_\_\_

Donation \_\_\_\_\_

Total Enclosed \_\_\_\_\_

Student Name: \_\_\_\_\_

Parent Name(s): \_\_\_\_\_

Parent Phone Number: \_\_\_\_\_

Parent Email: \_\_\_\_\_

Please make checks payable to: Parkway North Senior Bash. Turn form and payment into the bookstore. Payments may also be made via PayPal to: [pnhseniorbash2020@gmail.com](mailto:pnhseniorbash2020@gmail.com)

# The Parkway North High School PTO Viking Pride Fundraiser

The goal of our Viking Pride Fundraiser is to raise money that helps to support our students and staff at North High through a variety of programs. Donations made by you, or any members of your family are tax deductible and may also be eligible for a **matching donation** through your **employer's matching gift program**.

How we allocate the money raised:

- **PTO Scholarship Fund** provides scholarships for college bound seniors who have contributed to the North High Community through leadership and volunteerism.
- **Parkway North Service Day** sends our entire school body out into the community to serve others. Assisted Living Homes, Food Banks, City Block Gardens and Special Olympics held annually at North are a few of the areas where our students have served.
- **PTO General Fund** includes funding our annual staff appreciation luncheon.

## Sounds great! How do I participate?

**Many of our donors prefer to use Paypal. (You do not need to have a Paypal account to donate)** Just use our link here!

Or just write a check to the "PNH PTO" in an amount of your choice, place it in an envelope, affix postage, and mail it. **You may also donate later online. Go to the North website, select PARENTS then PTO and click on "Donate."**

Envelopes may be hand delivered to the school principal's office or mailed to:  
Parkway North High School, ATTN: Viking Pride Fundraiser, 12860 Fee Fee Rd., St. Louis, MO 63146.  
Please do not mail cash. As always your contribution is tax deductible.  
Contributors of \$250 or more will automatically be sent a tax receipt.  
For additional information please call or text Suzanne Watts 314-308-8286

## The PNH PTO thanks you for your support!



Donor Name \_\_\_\_\_

Student Name (optional) \_\_\_\_\_ Grade \_\_\_\_\_

Contribution amount: \_\_\_\_\_ \$25 \_\_\_\_\_ \$50 \_\_\_\_\_ \$100 \_\_\_\_\_ \$\_\_\_\_\_ (Other)

\_\_\_\_\_ I would like my name to appear as follows on the PNH newsletter's list of donors:

\_\_\_\_\_

\_\_\_\_\_ I do not wish to have my name published on the list of donors.

(North High 8/19)



# Parkway North Booster Club Membership Form

The Parkway North Booster Club is a group that promotes Parkway North Athletics by supporting our teams through attendance at sporting events and by fundraising to support our athletic programs. Booster club memberships, spirit item sales and concessions are the primary means of fundraising for the PNH Booster Club. Booster club membership includes entrance to regular season home athletic events. Parkway charges admission for all levels of Football games that begin after 5:30, all JV and Varsity Basketball games, Wrestling Meets, and Boys Soccer games that begin after 5:30. Membership cards may **not** be used for tournaments or playoffs.

Membership cards can be purchased with cash or check (payable to PNH Booster Club). The form can be mailed to:  
Kenyatta Williams – 1056 Rue La Chelle Walk Creve Coeur, MO 63141 – 314-488-7181 OR  
Tara McNeal – 1965 Parkland Woods Dr. Maryland Heights, MO 63043 – 501-563-6094

(Cards can be picked up Football Jamboree, Open House, and the first 2 Varsity football games, or **enclose** a self-addressed stamped envelope and the cards will be mailed to you.)

- \_\_\_\_\_ \$20 Individual Single Student Membership
- \_\_\_\_\_ \$35 Individual Adult Membership
- \_\_\_\_\_ \$60 **Family** Membership (Immediate family)
- \_\_\_\_\_ \$75 **Super Family** Membership (Immediate family and 4 grandparents)

Last Name \_\_\_\_\_ Father \_\_\_\_\_ Mother \_\_\_\_\_

Home phone \_\_\_\_\_ Cell phone \_\_\_\_\_ Email \_\_\_\_\_

Children's names \_\_\_\_\_  
\_\_\_\_\_

Super Family Names (Grandparents) \_\_\_\_\_  
\_\_\_\_\_

\*\*\*Replacements of lost or damaged cards are \$3.00 each.

Number of cards \_\_\_\_\_ Card #'s \_\_\_\_\_ Check # \_\_\_\_\_ Cash \_\_\_\_\_

Mailed or Picked Up on Date \_\_\_\_\_

---

## I want to get involved and support the Vikings!!

Volunteers working the Concession Stand can earn money toward the sport, club or activity of his/her choice. If you are willing to volunteer, please complete the form below.

\_\_\_\_\_ **Concession stand**—sport(s): \_\_\_\_\_

\_\_\_\_\_ **Spirit sales**---Help sell spirit items